

DAILY EXPRESS

# cruise

and overseas holidays

See our tips for how to

**Choose your  
perfect cruise**



+ New ships for 2020 + World cruises + River cruising + Hot destinations

FESTIVE CRUISES FLASH

# SALE

Cruise from  
just £149pp

See pages  
6 and 7

Save up to 50% plus bonus discounts up to 30%



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VOTED THE WORLD'S LEADING  
**ALL-INCLUSIVE  
RESORTS**

Sandals offers all the luxuries of a 5-star resort – but here, everything is included. Every land and water sport. Exclusive 5-Star Global Gourmet™ dining at up to 16 restaurants per resort, and endless varieties of premium liquors and Robert Mondavi Twin Oaks® wines. The Resorts are situated on the Caribbean's best beaches and most romantic suites. These are just some of the reasons Sandals has been voted the World's Leading All-Inclusive Resorts 23 years in a row.

**SAVE**  
UP TO **45%**  
PLUS  
AN EXTRA  
**5%**

# THE **BIGGEST** Autumn Sale

MORE QUALITY INCLUSIONS THAN ANY OTHER RESORTS ON THE PLANET

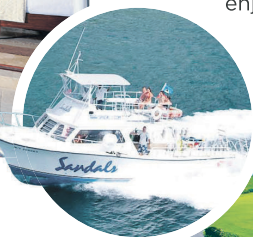
## LUXURY INCLUDED®

Sandals has the best pools, most spectacular beaches, delicious food, and sumptuously appointed rooms and suites. But it's the unrivalled 5-star service provided by our staff that keeps our guests coming back time after time.



## THE MOST EXCLUSIVE SUITES

Our 5-star accommodation, called Love Nest Butler Suites®, are ranked among the finest and most romantic in the world. From Over-the-Water Villas to Millionaire Suites, enjoy Tranquillity Soaking Tubs™ on the balcony, private plunge pools and even the opportunity to have your own personal Butler Service.



## UP TO 16 GOURMET RESTAURANTS

PER RESORT. ALL INCLUDED.  
ALL UNLIMITED.

Dine around the world without leaving the resort, with up to 16 specialty restaurants per resort. Indulge in 5-Star Global Gourmet™ dining including freshly rolled sushi at Soy, to Filet Mignon steak cooked to perfection at Butch's Chophouse, we serve cuisine to please even the toughest foodie. You can enjoy unlimited premium brand drinks at up to 11 bars per resort. From cocktails at the swim-up pool bar to a glass of fizz on a rooftop bar overlooking the Caribbean sunset, it's all included in the price of your holiday.



**Sandals**  
LOVE IS ALL YOU NEED

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\*Mandatory caddies or carts at cost - for selected resorts. ^Cost includes two free dives per day for certified divers. Additional T&Cs may apply.

## MORE LAND & WATER SPORTS THAN ANY OTHER RESORTS IN THE CARIBBEAN

From championship golf\* to motorised water sports including waterskiing, scuba diving^ and lots more, only Sandals includes more quality land and water sports than any other resorts in the Caribbean. It's all included, all unlimited, all the time!



# A WORLD OF WONDERS

## NICK DALTON OFFERS ADVICE ON HOW TO CHOOSE THE PERFECT CRUISE

These days, the world is smaller than ever. You now have the option to holiday anywhere and everywhere you fancy, whether you prefer lazing in all-inclusive luxury on a beach or doing an adventure holiday in a remote location – or at least in places that used to be remote!

Escorted tours make it easy to travel around far-away regions, as well as to see far more of Europe in one go. Now you can go off gallivanting without a care in the world, led by a tour director, with hotels, coach travel, excursions and meals all included in one price.

And for travellers who want their gallivanting to include something a little different, cruising offers a chance to see the world from a luxurious, first-class floating hotel.

A cruise can be an adventure to a remote part of the world, a chance to laze in the sun, a leisurely voyage close to home, or an invitation to more exotic destinations. It can be on a traditional ship, or one offering a complete resort for family fun or even a romantic getaway. Here's how to decide....

### CHOOSE A CRUISE

Not sure which cruise appeals most? You can always have a taste with a two-night cruise to the Channel Islands, or for several nights to European Christmas markets. Many go from Southampton, but also from other UK ports such as Liverpool, Newcastle and Tilbury. Almost everyone is within two hours' drive of a port, meaning you avoid airports and luggage restrictions.

For some people, it's the destinations (the Caribbean and the Med have different calls almost daily); for others, it's the life onboard.

Sizes vary, too – from Royal Caribbean's huge new 5,479-passenger *Harmony of the Seas* to small upmarket ships (Silversea's 596-passenger *Silver Muse*), or to the classic mid-size ships of companies such as Cruise & Maritime Voyages and Fred Olsen.



### RIVER RUN

River cruises are traditionally seen as more genteel than ocean cruises. While that is still the case, these days most ships – which rarely have more than 200 guests – have the feel of boutique hotels, with exquisite rooms (most come with a balcony), wonderful restaurants and even pools. Many are all-inclusive, or feature wine with dinner – and some include excursions with activities ranging from city walking tours to classical recitals in palaces. Gliding through timeless European scenery on a Rhine or Danube cruise is perfect for first-timers.

### FAMILY FUN

Ocean cruises are popular with families as UK sailings offer an easy getaway. Many have free children's clubs with attractions from computer games to basketball courts. Big ships are a kids' paradise, with fun activities like water slides that shoot over the edge and back. Youngsters also enjoy the destinations, whether exploring cities or relaxing on a beach. Prices can be good if your children share your room.



### IT'S A DEAL

Should you book a cruise early or late? There are generally great prices when a new season's cruises go on sale, often a year in advance. Early bookings can also offer perks such as cabin upgrades, free onboard spending money or free drinks. Last-minute deals only tend to apply to bigger ships (some carry thousands and need to be filled) and are rarely during school holidays. Smaller, luxury ships – also most river cruises – sell out fast, so late discounts are rare. In between, prices fluctuate to keep interest high – watch for tempting perks.

## SHIP to SHORE TIPS



### EXCURSIONS

Excursions are fantastic but can add to the cost – and you may enjoy the port more than a crowded tour bus.

**Check excursion costs first**



### DINING

With a seemingly endless supply of free food on board, think twice about the tempting specialty restaurants.

**Stick to the freebies!**



### ROOMS

Cruising is ideal for creating family memories – and there are great deals if your children share rooms.

**Have fun in a family cabin**



### BOOKING

Usually, the earlier you book your cruise, the more deals you get on rooms, drinks and spending money.

**Book early for the best deals**



## WORLD OF ICE

As a shipping line, Hurtigruten has served as part-cruise company, part-essential transport and part-mailman for 126 years. Now, for the first time, Hurtigruten will sail from the UK, with the North Cape cruise hugging the coast of Norway up to Europe's northernmost tip. The *MS Maud* – transformed with hybrid propulsion to a high-class expedition ship – departs from Dover from October 2021 on. **From £3,299, the 14-day cruises reach Honningsvåg, Norway's northernmost city, and include daily on-shore activities (02031 315030/hurtigruten.co.uk)**



Hurtigruten's cruises sail from the UK

## BEAR NECESSITY

UK company Windows On The Wild offers small-ship ocean and river cruises from Alaska to Mexico. The Great Bear Rainforest tour is an eight-day cruise on *Maple Leaf*, a restored 92-foot Edwardian schooner. Spot bears, humpback whales and salmon while sailing around the Inside Passage, 150 miles north of British Columbia's Vancouver Island. **From £5,659, including flights, a night in Vancouver, wine with dinner, an expert guide, excursions and kayaking (020 8742 1556/windowsonthewild.com)**



# WHAT'S HAPPENING

NICK DALTON SURVEYS UPCOMING VOYAGES

## GROWING ATTRACTION

Back from the chop, *MSC Magnifica* will be based in Southampton for 24 sailings in summer 2021. The MSC Cruises Italian-flavoured ship is scheduled to be cut down the middle to add a 75ft section that will

create space for more than 200 new cabins, along with a water park. The cruises – from two nights to two weeks long – will cover Europe, from the Canaries to the Baltic. **Prices from £149pp for a mini-cruise and £549 for the Norwegian fjords (020 3426 3010/msccruises.co.uk)**

## WINTER SUN

Cruising from the UK isn't just a summer thing. This year, P&O Cruises has a 14-night cruise from £999 leaving Southampton on December 22 to head for the Canaries – Lanzarote, Gran Canaria, Tenerife – and Madeira. It's on family-friendly ship *Oceana*, which has 14 Southampton sailings between October 10 and April 9, including a 35-night jaunt to the Caribbean and back that takes in a stretch of the Panama Canal. **From a tempting £1,499, departing on November 17 (0344 338 8003/pocruises.com)**



See the sunrise in the Canaries

## BOOK IT

*Queen Mary 2* is hosting the Literature Festival at Sea in association with Cheltenham Literature Festival for a transatlantic sailing. The cruise features a raft of top literary names, including crime writers Mark Billingham and Ian Rankin, *Bake-Off's* Prue Leith, poet Pam Ayres, and TV writer and producer Armando Iannucci. From Southampton to New York, departing December 1, 2020. **Prices from £1,299 including return flight (0344 338 8650/cunard.com)**

Image: Hurtigruten \_ Solfrid Bøe

Save up to **£1,150** per couple

**FREE** Premium Drinks Package

**€150** per cabin to spend on board

## 2020 EUROPEAN RIVER CRUISES

From the rolling vineyards of Southern France, and the culture-rich cities on the Danube, to Portugal's charming townships and fairy-tale fortresses along the Rhine, our award-winning river cruises ensure you see the very best of what Europe has to offer, with all of them offering generous inclusions – all part of our exceptional **EmeraldVALUE**.

Right now, you can **save up to £900 per couple\*** across our full collection of **2020 European river cruises**. Plus, book today and receive a **FREE Premium Drinks Package\*** entitling you to unlimited free drinks on board and a generous **€150 per cabin to spend\*** on additional holiday treats on board. What's more, choose to pay for your holiday in full by 31<sup>st</sup> December and enjoy an **extra £250 per couple Early Payment Discount**.



**8 Day Danube Delights**  
April - November 2020  
Nuremberg to Budapest

Staterooms from **£1,320** pp  
Balcony Suites from **£1,970** pp



**8 Day Jewels of the Rhine**  
May - October 2020  
Amsterdam to Basel

Staterooms from **£1,770** pp  
Balcony Suites from **£2,420** pp



**8 Day Danube Explorer**  
June - August 2020  
Passau to Budapest

Staterooms from **£1,870** pp  
Balcony Suites from **£2,520** pp



**8 Day Flavours of Burgundy & Provence**  
July & August 2020  
Lyon to Lyon

Staterooms from **£2,120** pp  
Balcony Suites from **£2,820** pp

## Exceptional EmeraldVALUE

Book today & enjoy these inclusions

- **Return flights** from a choice of up to 15 UK airports
- **Stylish accommodation** on board our innovative Star-Ships
- **All on board meals** in Reflections Restaurant
- **Complimentary wine, beer & soft drinks** with lunch & dinner
- Enjoy an **EmeraldEXCURSION** almost every day
- Extra-special **EmeraldPLUS** and **EmeraldACTIVE** experiences
- **Complimentary Wi-Fi** on board
- **Complimentary bicycles\*** on board
- **All port charges, taxes and transfer costs**
- **River Cruise Guarantee** cover

**PLUS ALL TIPS ARE INCLUDED**



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**Terms and conditions:** All of our holidays are subject to availability. Prices shown are correct at the time of going to print (13<sup>th</sup> September 2019) and are per person based on two people sharing our lowest priced available Emerald Stateroom or Emerald Panorama Balcony Suite, in low season and includes all relevant discounts. Supplements apply for single travellers, upgraded cabins and other departure dates. All offers are valid for new 2020 European river cruise bookings only, made between 18<sup>th</sup> and 30<sup>th</sup> September 2019. \*Savings of up to £1,150 are per couple and includes £250 Early Payment Discount. Early Payment Discount of £250 per couple is valid when the balance is paid in full by 31<sup>st</sup> December 2019. \*Free Premium Drinks Package excludes Champagne, wine by the bottle and cabin mini-bar. \*€150 on board spend is per cabin and will be deducted from your final bill upon departure. Our offers are not combinable and we reserve the right to withdraw our offers at any time. Our itineraries, hotels, dates and inclusions are subject to change. We recommend you seek independent advice regarding visas and vaccinations. For full booking conditions visit [emeraldwaterways.co.uk](http://emeraldwaterways.co.uk). E&OE.





# SAIL AWAY

## NICK DALTON PREVIEWS THE BEST NEW CRUISE SHIPS FOR 2020



### SCARLET LADY

*Scarlet Lady* (launching in April), the first cruise ship from Virgin Voyages, is an adults-only (18+) fun factory of bars, spas and specialty restaurants, 'RockStar' luxury suites and the first-ever at-sea tattoo studio. **Four-night parties departing from Miami start from £1,200, cruise only, and will take in Caribbean highlights including Key West, Cuba and Mexico (020 3003 4919/virginvoyages.com)**

### MSC VIRTUOSA

Launching in November, Italian-inspired *MSC Virtuosa* can carry up to 6,334 guests. This biggie features Cirque du Soleil shows; an art gallery; a 365ft indoor promenade of bars, restaurants and shops; a digital 'sky' of stars, panoramas and 24/7 events; a water park; and a double-deck amusement park. **Varied seven-night cruises from £449, cruise only (020 3426 3010/ mscruises.co.uk)**



### ENCHANTED PRINCESS

*Enchanted Princess* from Princess Cruises (launching in June) offers sheer luxe style for 3,560 guests. There's the ever-popular 'Movies Under The Stars' giant screen – and two new top-deck Sky Suites also let you watch from your room. **After a 10-night sailing to Civitavecchia on July 1 – from £1,149, cruise-only – the ship will offer Med cruises (0344 338 8663/princess.com)**

### ODYSSEY OF THE SEAS

Next autumn, the Royal Caribbean Quantum Ultra Class *Odyssey of the Seas* offers a RipCord by iFLY skydiving simulator, dodgems and North Star – a pod high above the

ship. Inside cabins feature virtual balconies – ceiling-high TVs with live footage of the view. **Various US sailings (0344 493 4005/ royalcaribbean.co.uk)**

MORE  
COOL  
SHIPS

*Iona* (launching in May) from P&O Cruises is Southampton-based, offering 5,200 passengers summer fjord cruises, an on-board half-mile covered promenade of

### IONA

restaurants and bars, and a giant SkyDome entertainment venue. **Starting with a seven-nighter on May 23, from £849 (0344 338 8003/pocrises.com)**



Image: Celebrity Cruises

## LAS VEGAS, LOS ANGELES & MEXICAN RIVIERA

Combine stays in Las Vegas and Los Angeles with a beautiful cruise along the Mexican Riviera for the ultimate West Coast North American adventure. Try your hand in the famous casinos on the strip before catching a headline act in Vegas. While in Los Angeles stroll along the Hollywood Walk of Fame and shop-til-you-drop in Beverly Hills. End by cruising along the gorgeous Mexican Riviera; where you can snorkel amongst incredible marine life in Puerto Vallarta, feast on the fresh seafood delights of Mazatlan and relax on the beautiful sandy beaches of Cabo San Lucas.

#### What's Included:

- Return flights from London  
*Regional flights available at a supplement*
- Three nights' 4-star hotel stay in Las Vegas
- One way flight to Los Angeles
- Two nights' 4-star hotel stay in Los Angeles
- Seven nights' full-board cruise onboard Royal Princess

**PRINCESS CRUISES**  
come back new™



#### Itinerary:

Los Angeles – Cabo San Lucas, Mexico – Mazatlan, Mexico – Puerto Vallarta, Mexico – Los Angeles

#### Mexican Riviera:

From mariachis to margaritas, Mexico is where it all began for Princess with their first cruise vacation in 1965. Fifty years later, they continue to visit the best of the region on a wide variety of sailings to the Mexican Riviera roundtrip from Los Angeles, with stops in colourful Puerto Vallarta, the playground to the stars, Cabo San Lucas, colonial Loreto and more.

Date	Interior	Balcony	Mini-Suite
11 Nov 19	£1269	£1439	£1759
9 Dec 19	£1269	£1459	£1599
23 Dec 19	£1749	£2149	£2339
30 Dec 19	£1289	£1559	£1719
13 Jan 20	£1089	£1359	£1499
10 Feb 20	£999	£1349	£1499
17 Feb 20	£1089	£1379	£1519
2 Mar 20	£1119	£1389	£1539
30 Mar 20	£1149	£1419	£1569
13 Apr 20	£1189	£1449	£1599
27 Apr 20	£1219	£1489	£1649
19 Oct 20	£1369	£1659	£1829
9 Nov 20	£1439	£1749	£1899
7 Dec 20	£1359	£1669	£1839
21 Dec 20	£1929	£2469	£2679
28 Dec 20	£1699	£2019	£2199
11 Jan 21	£1349	£1659	£1829
25 Jan 21	£1399	£1719	£1889
15 Feb 21	£1425	£1719	£1889
1 Mar 21	£1469	£1759	£1929
29 Mar 21	£1649	£1959	£2139

**JetlineCruise**  
www.jetlinecruise.com

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Open 7 days a week 9am – 9pm





# GLOBAL DOMINATION

## CIRCLE THE PLANET ON A WORLD CRUISE, SAYS NICK DALTON

Imagine sailing under Sydney Harbour Bridge on a six-week cruise from the UK to Australia (with a chance to visit the Great Barrier Reef), and another 10 weeks to visit Brazil, the Seychelles and South Africa.

The Grand Round the World Cruise 2021, from Cruise & Maritime Voyages (CMV), is 120 nights and 38 ports in 24 countries – everywhere from the Caribbean to the South Pacific. Leaving from Tilbury, near London, just after Christmas on January 6, it sails until early May. The £17,999 cost includes a buy-one, get-one-free offer, bringing it down to £8,999pp – less than £75 per night, including all meals.

CMV's classic ocean ship, *Columbus*, hosts 1,400 guests (with 150 solo-traveller cabins). A huge yet relaxing ship, it has two open-air pools, whirlpools, arts and crafts activities, and musical extravaganzas and cabaret shows in the Palladium Show Lounge.

Splendid breakfast



Sydney Harbour Bridge at night

buffets, lavish lunches, multi-course dinners – even afternoon tea – are served in the modern Waterfront restaurant. There's also the Caribbean-style Plantation Bistro, the Alfresco Grill, the Grill steakhouse and the Asian-cuisine Fusion. Inside and outside bars include the Dome Observatory.

The cruise starts with an Atlantic crossing, visiting the Azores before dipping down to the Caribbean, including Barbados. Via the locks, jungle and lakes of the Panama Canal, it reaches the Pacific. A week in the South

Pacific features days on the idyllic islands of Tahiti, Bora Bora and Tonga. Then it heads to New Zealand, Australia, Singapore, Malaysia, Thailand, Sri Lanka, the Maldives, stopping at magical Mombasa, Cape Town, Tristan da Cunha (the world's most remote populated island, in the South Atlantic) and Rio.

Altogether, it's a four-month dream voyage you'll never forget....

**Bookings made by September 30 include up to £2,500 onboard credit per cabin, plus a package with a welcome bottle of wine and tips worth £600pp**



Image: Cruise & Maritime Voyages

DON'T MISS

### 1. BALI

The renowned 'island of the gods' features stunning volcanic mountains

### 2. PHUKET

This Thai island is famed for its beaches – and great shopping

### 3. SALVADOR DE BAHIA

An exquisite city and the former capital of Brazil



Britain's leading independent cruise line presents

**CRUISE & MARITIME VOYAGES**

## Christmas & New Year Cruises

Escape to warmer climes

**SAVE UP TO 50% + EXTRA BONUS DISCOUNT UP TO 30%\***

**Sailing from London Tilbury - Book by 30th September 2019**

### Christmas & New Year Cape Verde, Madeira & Canaries

From £1599pp

**Wednesday 18th December 2019**  
21 nights aboard *Magellan*

Look forward to this fabulous Christmas & New Year cruise voyaging south to the warmer climes of remote Cape Verde, the ever popular Canary Islands and Madeira, the 'floating garden in the Atlantic'. Six contrasting islands are included in this truly wonderful itinerary, offering a variety of picturesque landscapes and new experiences to savour. En route, there is also the opportunity to explore the historic cities of Rotterdam, Vigo, Lisbon and Oporto.

London Tilbury - Rotterdam (Netherlands) -  
Vigo for Santiago de Compostela - Lisbon (Portugal) -  
Christmas Day at sea - Mindelo (Cape Verde) - Praia  
Santiago (Cape Verde) - Santa Cruz (Tenerife) - Las  
Palmas (Gran Canaria) - Arrecife (Lanzarote) - Funchal  
(Madeira) - Leixões for Oporto (Portugal) -  
London Tilbury.

	Full Fare	Saver Fare	Special Fare
Twin Inner from	£3199	£1599	-
Twin Outer from	£4429	£2219	£1999
Standard Plus Twin Ocean View	£4889	£2449	£2209
Premium Twin Ocean View	£6359	£3179	£2859

### Christmas & New Year Canaries & Madeira

From £1399pp

**Saturday 21st December 2019**  
16 nights aboard *Columbus*

Celebrate Christmas on board *Columbus* and see in the New Year with a fabulous firework spectacular as you sail south to warmer climes on this wonderful cruise over the festive season. Visit two of the popular Canary Islands and discover fascinating Casablanca. Add 'the Rock' of Gibraltar, historic Lisbon, cultural Vigo, and the beautiful island of Madeira into the mix and you've a cruising holiday to remember!

London Tilbury - Rotterdam (Netherlands) -  
Christmas Day at sea - Gibraltar - Casablanca for  
Marrakech (Morocco) - Arrecife (Lanzarote) - Las  
Palmas (Gran Canaria) - Funchal (Portugal) - Lisbon  
(Portugal) - Vigo for Santiago de Compostela (Spain) -  
London Tilbury.

	Full Fare	Saver Fare	Special Fare
Twin Inner from	£2799	£1539	£1399
Twin Outer from	£3489	£1919	£1729
Standard Plus Twin Ocean View	£4179	£2299	£2069
Premium Twin Ocean View	£5429	£2989	£2539

Save up to £6251pp	<b>FLASH SALE</b> Book by 30th September 2019	Great deals on singles
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### Festive Cruise Breaks and Christmas Markets

German Christmas Markets & Amsterdam	5th December 19, <i>Columbus</i> 4 nights	from £299pp
French Festive Getaway - Rouen, Honfleur & Zeebrugge	8th December 19, <i>Magellan</i> 4 nights	from £269pp
Festive Getaway to Antwerp	9th December 19, <i>Columbus</i> 2 nights	from £149pp
German Christmas Markets, Amsterdam & Antwerp	11th December 19, <i>Columbus</i> 5 nights	from £329pp
French Christmas Market & River Seine	15th December 19, <i>Magellan</i> 3 nights	from £199pp
Festive Getaway - Antwerp & Amsterdam	16th December 19, <i>Columbus</i> 3 nights	from £199pp



**0844 998 3829**

Prices are per person based on two adults sharing a twin cabin. Offers subject to availability and may be withdrawn without notice. Terms and conditions apply. Highlights may be subject to pre-registering specific shore excursions and are subject to operation and weather conditions. J-Land by Launch or Tender. \*Extra discount on select cabin categories. ^Voyager cabin guarantee (Cabin number allocated at ticketing stage). Excludes gratuities at £6pp per night. Special fare shown has full discount applied. Calls cost 5p per minute plus your telephone company's access charge. Operated by South Quay Travel & Leisure trading as Cruise & Maritime Voyages. ABTA V9945. C005/G021. 5453

[www.cruiseandmaritime.com](http://www.cruiseandmaritime.com) or see your ABTA Travel Agent





Britain's leading independent cruise line presents



# Grand Round the World Cruise 2021

Circumnavigate the globe on the voyage of a lifetime



**Amazing value promotion**

Columbus departs Tilbury 6th January 2021

**120 nights from £8999pp**

just £75pp per night

**Buy One Get One Free PLUS Added Value Benefits - Book by 30th Sept 2019**

**Onboard Credit up to  
£2500 per cabin\***

**Complimentary Additions  
Package worth £600pp~**

**Half Price Singles  
Limited availability**

## 5 continents - 24 countries 38 ports of call - 34,770 nautical miles!

Sailing via the Azores and Caribbean, *Columbus* will transit the Panama Canal calling at South Seas Islands to New Zealand and Australia, before unveiling highlights of Indonesia, Singapore, Malaysia and Thailand. Tropical Indian Ocean islands are steppingstones to Kenya. Explore South Africa and Tristan da Cunha, before crossing the Atlantic to Brazil before voyaging home via Cape Verde, Casablanca and Lisbon.



### Columbus' 4th consecutive World Cruise

- Traditional British cruise experience
- Mid-sized ship, carrying about 1400 guests
- Friendly and attentive service
- Four restaurants and alfresco grill
- A wide choice of comfortable lounges
- Spacious well-appointed cabins & suites
- Expansive sun decks, two pools & whirlpools
- Shows, cabarets, classics and guest speakers
- Fully equipped gym and spa
- Card room, casino, crafters studio and library
- Coffee shop and ice cream bar

Caribbean, Panama Canal, South Pacific, Australasia, Indonesia, Singapore, Malaysia, Thailand, Sri Lanka, Maldives, Seychelles, Kenya, South Africa & Brazil.

London Tilbury - Rotterdam (Netherlands) - Leixoes for Oporto (Portugal) - Ponta Delgada (Azores) - Bridgetown (Barbados) - St George's (Grenada) - Cartagena (Colombia) - Colon for Panama City (Panama) - Transit Panama Canal - Crossing the Equator - Nuku Hiva (French Polynesia) - Papeete, Tahiti (overnight, French Polynesia) - Bora Bora (French Polynesia) - Huahine, Maroe Bay (French Polynesia) - Rarotonga (Cook Islands) - Crossing International Date Line - Nuku Alofa (Kingdom of Tonga) - Auckland (New Zealand) - Sydney (Australia) - Passage under Sydney Harbour Bridge - Sydney (overnight, Australia) - Airlie Beach (Australia) - Cruising Great Barrier Reef - Yorkeys Knob (Australia) - Cruising Great Barrier Reef - Darwin (Australia) - Benoa, Bali (Indonesia) - Singapore - Malacca (Malaysia) - Port Klang for Kuala Lumpur (Malaysia) - Penang (Malaysia) - Phuket (Thailand) - Colombo (Sri Lanka) - Male (Maldives) - Crossing the Equator - Victoria, Mahe (Seychelles) - Mombasa (overnight, Kenya) - Durban (South Africa) - East London (South Africa) - Cape Town (overnight, South Africa) - Tristan da Cunha (BCC) - Rio de Janeiro (Brazil) - Salvador (Brazil) - Recife (Brazil) - Mindelo, Sao Vicente (Cape Verde) - Casablanca for Marrakech (Morocco) - Lisbon (Portugal) - London Tilbury.

### Added Value Benefits

#### Onboard Credit up to £2500 per cabin \*on selected ocean view categories

Category 8S	£250	Category 11	£1200
Category 8	£500	Category 12	£1500
Category 9	£1000	Category DL	£2000
Category 10	£500	Category JS	£2500

Accommodation (twin)	1st Adult	2nd Adult	Per Person
JS. Junior Balcony Suite	£58,949	FREE	£29,479
DL. De Luxe Balcony	£52,399	FREE	£26,199
12. Premium	£36,679	FREE	£18,339
11. Superior Plus	£34,059	FREE	£17,029
9. Superior	£31,439	FREE	£15,719
8. Standard Plus	£28,169	FREE	£14,089
7. Standard	£26,859	FREE	£13,429
6. Standard	£26,199	FREE	£13,099
Voyager^	£23,999	FREE	£11,999
3. Superior Inner	£22,269	FREE	£11,139
1. Standard Inner	£18,999	FREE	£9499
Voyager^ Inner	£17,999	FREE	£8999
Singles	Full Fare	Saver Fare	You Save
10. Superior	£39,299	£19,649	£19,650
8S. Standard Plus	£35,209	£17,609	£17,600
7S. Standard	£33,569	£16,789	£16,780

All categories with ocean view unless stated.

#### Complimentary Additions Value Package worth £600pp ~category 8/8S upwards.

- Gratuities and service charges
- Welcome bottle of wine in your cabin
- Confirmed restaurant seating+ - Priority cabin upgrade option+ Upgrade to CMV Plus, Premium or VIP using £600pp credit.
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Offers subject to availability and may be withdrawn without notice. Terms and conditions apply visit [www.cruiseandmaritime.com](http://www.cruiseandmaritime.com). Prices are per person based on two adults sharing a twin cabin. Gratuities at £6pp per night. Excludes visa costs. Land by launch or tender. +Subject to availability. ^Voyager cabin guarantee (cabin allocated at ticketing stage), benefits do not apply. Please note that the duration stated for this cruise (that crosses the International Date Line) is based on the calendar year. This cruise is however priced accordingly to take account of any lost or gained days when crossing the Date Line. Highlights may be subject to pre-registering specific shore excursions and are subject to operation and weather conditions. Yellow fever vaccination required. Book by 30th September 2019. Calls cost 5p per minute plus your telephone company's access charge. Operated by South Quay Travel & Leisure trading as Cruise & Maritime Voyages ABTA V9945. C106.



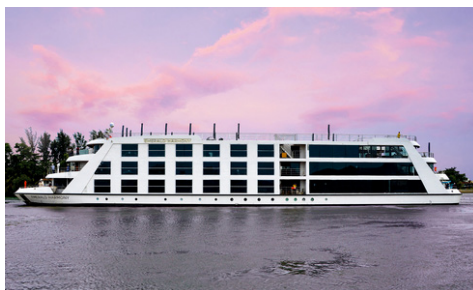
# FLOW CHART

## NICK DALTON ON WHAT'S NEW IN RIVER CRUISING



### DOWNTON DELIGHT

It's so very *Downton*... a Thames cruise visit to stately homes. With the new *Downton Abbey* movie attracting the crowds, a visit to Highclere Castle – the real-life setting for the majestic home of Cora Crawley, Countess of Grantham (Hollywood star Elizabeth McGovern) – couldn't be more perfect. European Waterways' luxury hotel barge *Magna Carta* has serene six-night cruises taking in grand spots between Hampton Court Palace and Henley-on-Thames. Tours include Highclere, Cliveden and Windsor Castle. The experience includes fine dining and drinks – champers, of course. **Cruises start in April, from £3,190 – or charter the barge, which sleeps eight, for £23,800 (01753 598555/europeanwaterways.com)**



### MODERN MEKONG

Cruises along the Mekong River are typically on older, traditional-style ships, but Emerald Waterways has changed that with *Emerald Harmony* – a futuristic-style vessel. Holding only 84 passengers, it features a contemporary take on Vietnamese and Cambodian décor in the rooms, the elegant Lotus Lounge and the restaurant – where even the cuisine offers a modern take on age-old favourite dishes. The ship is also so petite that it can sail the waterways from the heart of Ho Chi Minh City – most cruises have to depart a bus ride away. **The year-round, all-inclusive 15-day Ho Chi Minh City to Siem Reap cruise starts from £3,395, with flights (0808 231 7073/emeraldwaterways.co.uk)**



### NEW WATERS

Torn between river and ocean? Try the Great Lakes. Boutique company Victory Cruise Lines offers cruises between Toronto and Chicago, criss-crossing the US–Canadian border. The fabulous cruise takes in the Detroit River, between Lake Huron and Lake Erie, including a Motor City visit to the Henry Ford Museum; Welland Canal, which bypasses those pesky falls on the Niagara River, although you do get a boat trip there; and the three other Great Lakes (Ontario, Superior and Michigan), sometimes meandering through islands, other times all at sea. The cruise includes several historical American Independence sites – as well as the Rock & Roll Hall of Fame, which you will dock by in Cleveland. **From £5,975, all-inclusive for nine nights, plus a pre-cruise night in Toronto, including flights and excursions (01223 568904/lightbluetravel.co.uk)**

### SINGLE-MINDED

Travelling solo can be costly on river cruises, as most don't tend to have single rooms. But Amadeus River Cruises has several autumn specials with no single supplement. The Danube Rhapsody (departing on October 27), a round trip from Passau, is £1,599. There's also the Classical Rhine cruise from Basel to Amsterdam, and the Treasures of Burgundy and Provence, sailing round trip from Lyon (both depart on October 31) at £1,699 each, including flights, plus the added bonus of free excursions such as wine tasting and city tours. **Book by September 30 (0800 035 6411/amadeus-rivercruises.co.uk)**



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see why with Scenic it's not just about the wines that have been carefully paired with dinner by an expert sommelier, or the free-flowing Champagne – it's not even about the on-call butler service, the inclusive flights and transfers or even watching incredible vistas unfold in front of you from your Scenic Sun Lounge while you listen to commentary with our Tailormade app; it's about all of these coming together to bring you a river cruise that's of a different calibre, and when you cruise with us we're confident you'll discover the Scenic difference for yourself.

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# PAIN-FREE TRAVEL

## USE THESE TIPS TO KEEP YOUR TRAVEL MEDICAL INSURANCE BILLS DOWN

For those feeling run down, unwell or suffering from a long-term condition, and are now craving a holiday to get away from it all and feel better, it may be tempting to bypass getting medical insurance due to the costs – yet this can be essential to your peace of mind, especially if you aren't as fit as you could be.

Last year, travel insurers helped 153,000 British travellers needing emergency treatment abroad – that's around 420 people every day, or one person every three minutes.

But despite the average travel insurance policy only costing £38, according to the Association of British Insurers, thousands of Britons head off overseas every year without cover, likely because they are often hit with huge travel insurance premiums if they own up to an existing condition.

### IGNORANCE UN-BLISS

Declaring existing medical conditions when booking travel insurance is essential, otherwise the policy becomes invalid – but as there is a general lack of understanding among some companies regarding the risks surrounding existing medical conditions, this can result in gross overestimates when setting premiums or even refusing cover.

The uncertainty about existing conditions



also means that even people who have undergone preventative treatment or have been given the all-clear may be penalised despite a clean bill of health. Many people at low or no risk of being affected by past illnesses are still quoted high premiums.

The answer is to check out what specialist insurers offer – their policies are

often better priced because they know that area of the business. Sadly, the information about alternative cover is not readily available to the public, meaning that most people are not seeking out these specialist insurers who could assess their condition in depth and therefore offer a fairer quote.

Aaron Hackett, a travel insurance expert with independent insurance comparison website PayingTooMuch.com, says: "Time and again, we hear stories from customers with existing medical conditions who have been given a high quote by their existing travel insurer. Some people feel they have been priced out of a policy, but that is usually because they haven't shopped around – or visited PayingTooMuch.com."

### SHOP AROUND

"We work tirelessly to find our customers a suitable, affordable policy using our panel of insurers, and we are able to cover most travellers with medical conditions up to the age of 99, except those who are awaiting investigation or treatment."

"Don't accept the first policy you see, and always compare the levels of cover that are offered. You might find that you don't need the £3,000 baggage-loss cover or would be happier paying a higher excess to get the policy price down."

## 5 TRAVEL TIPS

**1. Be aware** that many general insurers are only offering such high quotes or premiums because of ignorance or uncertainty about the actual risks of long-term conditions.

**2. Check out** what specialist insurers have to offer – be prepared to seek them out as information about them is less readily available.

**3. Don't accept** the first policy you see – it always pays to shop around.

**4. Compare** quotes from a range of websites – or alternatively visit PayingTooMuch.com and let them do the searching for you.

**5. Always** compare the levels of cover being offered, and omit what you don't need – for example, baggage loss cover. You may be able to reduce your costs by paying a higher excess.



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## Travelling with a medical condition? Find affordable travel insurance with PayingTooMuch.com

### Why buy your travel insurance from PayingTooMuch.com?

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Uncover India's hidden wonders on a thrilling adventure. Explore teeming, spectacular Delhi, Agra – home to the peerless 'Taj' – and 'Pink City' Jaipur. Spend two nights 'on safari' in the protected Ranthambhore Park, the one-time hunting ground of Indian princes, and complete your holiday with a night in a luxury jungle resort.

#### Tour Highlights

- Discover the sights of New Delhi – the Red Fort & Jama Masjid Mosque, the India Gate and the ruins of the Quwwat-ul-Islam mosque
- A rickshaw ride through Old Delhi

- See Chand Baori stepwell and the 'Palace of the Winds'
- Enjoy visits to the Amber Fort and the Taj Mahal
- Go in search of Ranthambhore's tigers on two included safaris
- Stay in the beautiful resort of Vanaashrya
- Take a guided tour of Agra
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- Eight nights' half-board hotel accommodation with six lunches, plus one night on the aircraft, return flights and transfers



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This extraordinary tour begins amid the excitement, noise and kaleidoscopic wonder of the Thai capital, Bangkok. After the chance to see the River Kwai, you'll journey into Cambodia, to explore Angkor Thom, discover the vast serenity of Angkor Wat, and the palaces and museums of Phnom Penh. A boat journey through the Mekong Delta brings you to Ho Chi Minh City, a fitting finale to this wonderful tour.

#### Tour Highlights

- A guided tour of Bangkok including the Grand Palace and the Golden Buddha
- Journey to the Cambodian border and Battambang

- Cruise across Tonlé Sap and journey along the Mekong River by fast passenger boat
- Two full days' at Siem Reap include Angkor Wat
- A city tour of Phnom Penh
- Visit the floating market at Cai Rang and Ho Chi Minh City
- See the Cu Chi tunnel complex
- Fully escorted by a friendly, experienced tour manager
- 12 nights' bed and breakfast accommodation, eight dinners, six lunches, plus two nights on the aircraft, return flights and transfers

## South Africa & Kenya

Connect with nature like never before as you come face to face with magnificent animals in their natural habitat on a safari across South Africa, and discover East Africa's safari capital Kenya, where you'll witness rolling grasslands, wild savannahs, golden plains, flamingo-pink lakes and breathtaking natural beauty.



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### Cape Town, the Garden Route & 'Big Five Safaris'

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Enjoy a perfect introduction to South Africa, on an extraordinary value tour crammed with unforgettable highlights. Discover Cape Town, cross the arid plain of the 'Little Karoo', enjoy the sight of 'Big Five' game, and take in the sun-kissed landscape of some of the world's finest vineyards.

#### Tour Highlights

- Experience Table Mountain's rotating cable car
- Tour the Cape Peninsula
- Visit Paarl, Franschhoek and famed whale-watching town Hermanus

- Cruise on the Knysna Lagoon
- Visit Tsitsikamma National Park
- See the Cango Caves and visit an ostrich farm
- Two nights in the Garden Route Game Lodge
- Discover the Cape Winelands and Western Cape
- Fully escorted by a friendly, experienced tour manager
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### Kenya Grand Safari – Stay at Treetops

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Discover for yourself perhaps East Africa's greatest natural wonderland, with visits to a quartet of protected national parks and reserves. You'll stay overnight in famous Treetops and will have opportunities on a succession of unforgettable game drives to view some of the most extraordinary wildlife species on earth.

#### Tour Highlights

- Three game drives in the Samburu National Reserve
- Journey to Lake Nakuru National Park
- A boat ride on Lake Naivasha

- Spend two nights and enjoy three game drives in the Maasai Mara National Reserve
- Visit to a Maasai village
- Overnight in Nairobi
- Travel by six-seater safari minibuses
- Fully escorted by friendly, experienced drivers and safari guide
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# HOT DESTINATIONS

OUR TOP PICKS FOR THE BEST BREAKS IN THE MOST EXOTIC LOCATIONS

## 1. AFRICA

The continent is hotting up with a great selection of both tours and cruises. How about The Gambia? You can combine seven nights in a modern beachfront hotel with a four-night River Gambia cruise on mega-yacht Harmony V. The cruise departs from the capital, Banjul, and takes in the stone circles in Wassu – a Unesco World Heritage Site – along with national parks thriving with monkeys, hippos and crocodiles. **The Gambia Experience tour, from upmarket company Serenity, starts at £2,099 with flights for a February 7 departure (01489 866939/gambia.co.uk)**

## 2. EGYPT

Egypt is popular again, thanks to the Grand Egyptian Museum opening in 2020. The world's biggest archaeological museum is in an extraordinary building on a 120-acre site a mile from the pyramids, and features the 5,000-piece Tutankhamun collection in a replica of the tomb, and much more. **The Enchanting Egypt Dahabeya tour combines five nights on a traditional dahabeya sailing boat with four nights' hotel stays in Cairo and Aswan, plus tours. Regular departures from £3,295 (020 7873 5000/coxandkings.co.uk)**



1



2



3



4

## 3. RAS AL KHAIMAH

Move over Dubai! This hot new destination has thrills for everyone – from Bedouin camps to camel treks to beaches. There's also the Al Wadi Nature Reserve (where you can spot an Arabian oryx), the 19th-century hilltop Dhaya Fort and the Jebel Jais Flight – the world's longest zipwire. Two fabulous Ritz-Carlton resorts – Al Hamra Beach, and Al Wadi Desert, both with tented villas and private pools – provide the desert luxury. **Emirates Holidays has five-night breaks at Ritz-Carlton Al Hamra Beach from £1,572, half-board, including flights (020 8972 8951/emiratesholidays.com)**

## 4. INDIA

Mystical India is now closer than ever with Mercury Holidays' best-selling escorted tour, the Grand Tour of North India. The 17-day trip starts at £1,699 with full board, including flights. Travel by road, rail and boat to see the snow-tipped peaks of the Himalayas, Delhi's teeming metropolis, the sacred city of Varanasi on the Ganges at sunrise, the hilltop Amber Fort at Jaipur and the Taj Mahal at Agra and more. **(0800 781 4893/mercuryholidays.co.uk)**

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- Wander the courtyards of the Amber and Agra Forts

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- ✈ Flights from **London Heathrow** with **Emirates**. Regional flights are available at a supplement<sup>A</sup>
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Perhaps choose one of the longer itineraries for a true Greek Island-hopping experience with a port of call every day of the cruise. The sail-away away from Venice is simply magnificent as the ship slips through the Grand Canal majestically passing Saint Mark's Square – escorted by a flotilla of smaller craft.

## What's Included:

- Return flights from London
- Transfers to and from Lake Garda
- 3 nights' 4\* B&B hotel stay in Sirmione, Lake Garda
- First class train journey from Lake Garda to Venice
- 1 nights' 4\* B&B hotel stay in a central 14th century Venetian palazzo
- 7-11 nights' full board cruise onboard Norwegian Dawn
- Transfer from Venice port

## Feel Free At Sea Programme

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Premium All-Inclusive Drinks Package

3-5 night Speciality Dining Package<sup>^</sup>

\$50 per stateroom per port shore excursion credit

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## Choose from one of the following cruises:

**A – 7 night cruise:** Venice – Kotor (Montenegro) – Corfu – Santorini – Mykonos – Argostoli (Kefalonia) – Dubrovnik – Venice (\*9 night cruise includes Piraeus for Athens & Rhodes)

**B – 11 night cruise:** Venice – Split – Dubrovnik – Corfu – Santorini – Piraeus (Athens) – Rhodes – Mykonos – Argostoli (Kefalonia) – Kotor (Montenegro) – Venice (Overnight in port)

**C – 10 night cruise:** Venice (overnight onboard) – Split – Kotor (Montenegro) – Corfu – Santorini – Piraeus (Athens) – Mykonos – Argostoli (Kefalonia) – Dubrovnik – Venice

## NORWEGIAN DAWN

Date	Nights	Itinerary	Interior	Oceanview	Balcony
11 May 20	13	A*	£1749	£2359	£3239
20 May 20	11	A	£1839	£2099	£2459
27 May 20	11	A	£1649	£1869	£2299
3 Jun 20	11	A	£1629	£1879	£2679
17 Jun 20	11	A	£1639	£1889	£2389
24 Jun 20	11	A	£1669	£1949	£2389
1 Jul 20	15	B	£2119	£2719	£3299
12 Jul 20	14	C	£1929	£2199	£2769
29 Jul 20	11	A	£1689	£1939	£2279
5 Aug 20	11	A	£1669	£1869	£2229
26 Aug 20	11	A	£1649	£1849	£2279
2 Sep 20	11	A	£1589	£1799	£2199
9 Sep 20	11	A	£1559	£1769	£2279
23 Sep 20	11	A	£1499	£1879	£2429
30 Sep 20	11	A	£1429	£1629	£1999
7 Oct 20	11	A	£1379	£1569	£1929
14 Oct 20	11	A	£1339	£1649	£1999
21 Oct 20	11	A	£1329	£1559	£1899
28 Oct 20	11	A	£1439	£1679	£2039

Itineraries may vary

<sup>^</sup>For the speciality dining package onboard – choose from the following selection of regional cuisine restaurants: Cagney's Steakhouse / Le Bistro (French) / Moderno Churrascaria (Argentine BBQ) / La Cucina (Italian) / Teppanyaki (Asian Fusion Hotplate). <sup>^</sup>3 night Speciality Dining Package for a 7 night cruise. <sup>^</sup>4 night Speciality Dining Package for a 9-10 night cruise. <sup>^</sup>5 night Speciality Dining Package for an 11 night cruise.

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